

Nov. 23, 2003

USATF National Masters 5k Cross Country Championships

Holmdel Park, Holmdel, NJ

Results

Results

MEN 40-44

1.Scott Brown	Pelham, NY	41 M	2		335	16:36	5:21
2.Conor O'driscoll	Rye, NY	42 M	3	U	345	16:42	5:22
3.Ken Rolek	Easton, PA	41 M	4	U	310	16:54	5:26
4.Jeremy Stratton	Parlin, NJ	43 M	5	U	311	16:58	5:28
5.Drew Davis	Stroudsburg, PA	41 M	7	U	313	17:05	5:30
6.Steve Trembly	West Orange, NJ	42 M	8	U	314	17:07	5:31
7.Jeff Knoll	Pennington, NJ	41 M	9		343	17:07	5:31
8.Mark Zamek	Hillsborough, NJ	40 M	10	U	204	17:11	5:32
9.Tom Deschriver	,	44 M	15	U	368	17:20	5:35
10.Mike Wixsted	Guilford, CT	40 M	16	U	116	17:20	5:35
11.Patrick Mc Carthy	Pelham, NY	40 M	18		380	17:26	5:37
12.Dave Bischoff	Fairport, NY	41 M	20	U	276	17:29	5:38
13.John Vankerkhove	Rochester, NY	41 M	22		274	17:30	5:38
14.Marty Doherty	West Milford, NJ	40 M	23	U	312	17:36	5:40
15.Bob Nugent	Binghamton, NY	43 M	25		273	17:42	5:42
16.John Noonan	Troy, NY	43 M	26		231	17:43	5:42
17.John Papp	Edison, NJ	43 M	27	L	267	17:45	5:43
18.Keith Davies	Wilmington, DE	44 M	29		363	17:47	5:43
19.Chris Wilde	Madison, NJ	42 M	31	U	216	17:49	5:44
20.Doug Miller	Verplank, NY	43 M	32	U	338	17:50	5:44
21.Chuck Shields	Abington, PA	44 M	34	U	364	17:52	5:45
22.Chris Buckley	Burnt Hills, NY	42 M	37		234	18:00	5:48
23.David Pantin	New Haven, CT	40 M	38	U	115	18:01	5:48
24.Jim Cuono	Port Carbon, PA	44 M	39		369	18:02	5:48
25.Mike Mahoney	Westport, CT	44 M	40		350	18:14	5:52
26.Francisco Morales	Bound Brook, NJ	42 M	41	U	202	18:14	5:52
27.Dale Richardson	Trumbull, CT	43 M	42		118	18:15	5:52
28.Ed Lindo	Fulton, NY	41 M	45	U	333	18:22	5:55
29.Richard Caponigro	Neptune, NJ	40 M	49	U	179	18:32	5:58
30.Gale Fritsche	Allentown, PA	40 M	52	U	269	18:47	6:03
31.Edward Fitzmaurice	Hyde Park, NY	43 M	53	U	352	18:47	6:03
32.Brian O'dowd	Colts Neck, NJ	43 M	55		170	18:49	6:03
33.Richard Korby	Hamden, CT	43 M	56		399	18:52	6:04
34.Paul Looney	Neptune, NJ	40 M	57	U	177	18:52	6:04
35.Paul Fiorilla	Watchung, NJ	42 M	59	U	224	18:54	6:05
36.Don Charlton	Norfolk, VA	43 M	61		387	19:08	6:09
37.Bob Miller	Upper Saddle Ri, NJ	42 M	62	U	318	19:08	6:09
38.Martin Fitzgerald	Cortlandt Manor, NY	40 M	65	U	337	19:19	6:13
39.Gene Gugliotta	No Plainfield, NJ	44 M	68	U	200	19:22	6:14
40.Rich Agnello0	Matawan, NJ	43 M	72	U	178	19:42	6:20
41.Brian Roche	Freehold, NJ	41 M	76		263	19:55	6:25
42.Fred Kenney	Philadelphia, PA	42 M	77		374	19:56	6:25
43.Randy Miller	Montville, NJ	42 M	78	U	355	20:00	6:26
44.Saul Duarte	Eatontown, NJ	43 M	80		262	20:45	6:41
45.Alan Schwartz	Califon, NJ	42 M	82		381	22:05	7:06
46.Kevin Mckenna	Manalapan, NJ	41 M	83	U	173	22:21	7:12
47.Edward Neighbor	Sparta, NJ	40 M	84		130	23:04	7:25

MEN 45-49

1.	Tom Dalton	Schenectady, NY	45 M	1	230	15:57	5:08
2.	Mike Kohlbrenner	Valley Cottage, NY	45 M	6	315	17:01	5:29
3.	Tony Vodacek	Rochester, NY	45 M	11	275	17:12	5:32
4.	James Kempton	Nanuet, NY	45 M	12	225	17:14	5:33
5.	George Buchanan	Stamford, CT	45 M	13	114	17:17	5:34
6.	Chris Harkins	Marlton, NJ	45 M	14	U 180	17:18	5:34
7.	Michael Scythes	,	45 M	17	U 366	17:25	5:36
8.	Steven Calidonna	Cortlandt Manor, NY	48 M	19	U 334	17:27	5:37
9.	Mark Wenneker	,	45 M	21	U 365	17:29	5:38
10.	Mark Rybinski	Manlius, NY	48 M	24	331	17:39	5:41
11.	George Reed	Concord, NH	48 M	28	404	17:46	5:43
12.	Derick Staley	,	45 M	30	U 232	17:47	5:43
13.	Leo Finucane	Pittsford, NY	46 M	33	277	17:50	5:44
14.	Gary Radford	Cicero, NY	47 M	35	330	17:53	5:45
15.	Rick Pingitore	Westfield, NJ	45 M	36	U 316	17:59	5:47
16.	Marc Giguere	Schnecksville, PA	45 M	43	U 203	18:18	5:53
17.	Chris Peters	Barneгат, NJ	48 M	44	182	18:22	5:55
18.	Derick Adamson	Glassboro, NJ	45 M	46	377	18:24	5:55
19.	Paul Hines	Philadelphia, PA	49 M	47	370	18:26	5:56
20.	David Huse	Princeton, NJ	45 M	48	U 317	18:31	5:58
21.	Jim Mc Veigh	Rockaway Park, NY	45 M	50	406	18:36	5:59
22.	Bob Reynolds	,	46 M	51	U 367	18:46	6:02
23.	Pete Heesen	,	48 M	54	U 375	18:49	6:03
24.	Randall White	Upper Saddle Ri, NJ	48 M	58	319	18:53	6:05
25.	John Kane	Bridgewater, NJ	45 M	60	U 201	19:01	6:07
26.	Chris Murphy	,	46 M	63	235	19:13	6:11
27.	Bob Andrews	Manalapan, NJ	45 M	64	U 174	19:15	6:12
28.	Tom Zarra	Point Pleasant, NJ	46 M	66	U 172	19:20	6:13
29.	Charles Castiglioni	Lake Hopatcong, NJ	45 M	67	U 265	19:20	6:13
30.	Mike Sellon	Sarnia, ON	49 M	69	L 346	19:30	6:17
31.	Bob Haithcock	Middletown, NJ	48 M	70	U 171	19:34	6:18
32.	Kevin Dollard	Hopewell, NY	48 M	71	L U 270	19:37	6:19
33.	Dave Thomas	Philadelphia, PA	46 M	73	371	19:48	6:22
34.	Frank Barker	Rumson, NJ	46 M	74	X 354	19:49	6:23
35.	David Zurheide	Middletown, NJ	47 M	75	176	19:51	6:23
36.	Ted Pernicano	Yorktown Height, NY	45 M	79	336	20:33	6:37
37.	Barry Blake	Summit, NJ	49 M	81	362	20:55	6:44
38.	Carlton Reed	Franklin, NJ	46 M	85	106	25:16	8:08

MEN 50-54

1.	Chris Webber	Sayville, NY	51 M	1	396	17:21	5:35
2.	Tim McMullen	Churchville, NY	50 M	2	281	17:37	5:40
3.	Roger Price	Piscataway, NJ	54 M	3	U 244	17:46	5:43
4.	Jim Robinson	Rochester, NY	50 M	4	278	18:04	5:49
5.	Gary Romesser	Indianapolis, IN	52 M	5	U 121	18:21	5:54
6.	Dennis Fillmore	Ballston Spa, NY	51 M	6	240	18:26	5:56
7.	Dale Keenan	,	53 M	7	U 238	18:26	5:56
8.	Ken Briell	Middle Crone, NY	53 M	8	242	18:30	5:57
9.	Joe Chimino	Bergen, NY	50 M	9	U 280	18:31	5:58
10.	Rob Picotte	,	50 M	10	U 236	18:34	5:59
11.	Joseph Porcaro	Putnam Valley, NY	54 M	13	U 184	18:47	6:03
12.	Dennis O Brien	Saint James, NY	54 M	14	397	18:51	6:04
13.	Scott Abercrombie	Yorktown, NY	53 M	16	U 188	18:54	6:05
14.	Scott Mosenthal	Briarcliff, NY	50 M	18	U 190	19:01	6:07
15.	Steven Rook	Philadelphia, PA	54 M	19	L 219	19:04	6:08
16.	Pete Gerardi	Scotia, NY	52 M	21	239	19:07	6:09
17.	Gary Pierce	Wayside, NJ	51 M	22	155	19:10	6:10
18.	Alan Oman	Babylon, NY	54 M	24	393	19:11	6:10
19.	Bob Hermes	Croton On Hudso, NY	53 M	25	191	19:13	6:11
20.	Seth Bergmann	Glassboro, NJ	54 M	26	U 222	19:25	6:15

21.	John Walsh	Shirley, NY	53 M	27		395	19:25	6:15
22.	Robert Briglio	Huntington, NY	54 M	28	U	185	19:26	6:15
23.	Brian Dodge	Fulton, NY	50 M	29		320	19:28	6:16
24.	Bill Mcmullen	Batavia, NY	50 M	31	U	282	19:39	6:19
25.	David Patterson	Conshohocken, PA	52 M	33	U	218	19:46	6:22
26.	Mike Wright	Chittenango, NY	54 M	35	U	323	19:50	6:23
27.	Bill Bosmann	Sparta, NJ	53 M	36	U	294	19:52	6:24
28.	Tony Plaster	Neptune, NJ	51 M	37	U	148	19:52	6:24
29.	David Bowen	Port Byron, NY	51 M	38	U	321	19:54	6:24
30.	Paul Warren	Chappaqua, NY	53 M	41	U	187	20:03	6:27
31.	Joseph Treimel	Pequannock, NJ	52 M	43	U	405	20:12	6:30
32.	Chris Lehman	Somerset, NJ	53 M	44	U	249	20:21	6:33
33.	Henry John-alder	Roosevelt, NJ	50 M	45	U	250	20:23	6:34
34.	Dave Blake	Stafford, NY	54 M	46	U	284	20:23	6:34
35.	Ken Lohmeyer	Freehold, NJ	52 M	47	U	268	20:25	6:34
36.	Gary Steinel	White Plains, NY	50 M	49	U	189	20:34	6:37
37.	Robert Bazley	West Long Branc, NJ	52 M	52		151	20:45	6:41
38.	Charles Schneekloth	Metuchen, NJ	53 M	54		248	20:48	6:42
39.	Kirk Pierret	Morristown, NJ	51 M	55		126	21:00	6:46
40.	Richard Henderson	Philadelphia, PA	51 M	56		149	21:03	6:47
41.	Frank Russo	Wayne, NJ	51 M	57	M U	255	21:04	6:47
42.	Bill Eickelberg	Leonia, NJ	50 M	59		266	21:10	6:49
43.	Phil Coffin	Bloomfield, NJ	50 M	61	U	356	21:18	6:51
44.	Kerry Gillespie	Middletown, NJ	51 M	65		154	22:01	7:05
45.	Gary Knackmuhs	Wyckoff, NJ	53 M	66	L	264	22:09	7:08
46.	Walter Rutsky Jr.	Cliffwood Beach, NJ	54 M	67	U	147	22:15	7:10
47.	Lawrence Jones	Keyport, NJ	54 M	70	U	152	22:39	7:17
48.	Michael Close	Cedar Grove, NJ	52 M	71	U	325	22:56	7:23
49.	Bob Hahn	Metuchen, NJ	50 M	72		125	23:02	7:25
50.	David Hudson	Lakewood, NJ	53 M	73		145	23:24	7:32
51.	David Friedman	Monroe Twp, NJ	53 M	76	L U	347	28:52	9:17
52.	Gregory Puchalski	Metuchen, NJ	52 M	77	U	192	31:50	10:15

MEN 55-59

1.	Harry Nolan	Navesink, NJ	56 M	11	U	146	18:35	5:59
2.	Phil Jessen	Middle Cruz, NY	55 M	12		241	18:38	6:00
3.	Terry Delph	Coopersburg, PA	58 M	15		221	18:53	6:05
4.	Pat Glover	Clifton Park, NY	57 M	17		237	19:00	6:07
5.	Phil Peterson	Columbia, SC	56 M	20	U	112	19:06	6:09
6.	Dick Green	Media, PA	56 M	23	U	220	19:10	6:10
7.	Rich Myers	Voorheers, NJ	58 M	30	U	247	19:31	6:17
8.	Doug Brown	East Brunswick, NJ	58 M	32	U	246	19:44	6:21
9.	Sverre Falck Pederse	Fish Creek, WI	55 M	34		403	19:48	6:22
10.	Jim May	Williamson, NY	57 M	39		283	19:55	6:25
11.	Julio Aguirre	Corona, NY	57 M	40		402	20:01	6:27
12.	Hugh Sweeny	Jersey City, NJ	59 M	42	U	245	20:07	6:28
13.	Frank Handleman	New York, NY	58 M	48	U	349	20:26	6:35
14.	Anthony Galfanao	Garrison, NY	56 M	50	U	186	20:40	6:39
15.	Mike Clarke	Doylestown, PA	56 M	51		217	20:41	6:39
16.	Mike Reif	Victor, NY	55 M	53		279	20:46	6:41
17.	Tim Wehrkamp	Greenbelt, MD	56 M	58	L U	357	21:05	6:47
18.	George Rivera	New Brunswick, NJ	55 M	60	U	253	21:12	6:49
19.	Lutz Hoffman	Northport, NY	57 M	62		398	21:30	6:55
20.	Pete Shanno	Leonia, NJ	59 M	63		391	21:39	6:58
21.	Johnce Nowakowski	Spotswood, NJ	59 M	64	U	251	21:57	7:04
22.	John Kuhl	Oakhurst, NJ	59 M	68	U	150	22:21	7:12
23.	Steve Conroy	Manhasset, NY	58 M	69		394	22:22	7:12
24.	Pete Coleman	Hazlet, NJ	57 M	74	U	153	23:41	7:37
25.	Frank Werner	Helmetta, NJ	57 M	75		252	25:44	8:17

MEN 60-64

1.	Bill Borla	Torrington,CT	63	M	1	U	123	19:37	6:19
2.	Bill Hagman	Morris Plains,NJ	60	M	2	L U	351	20:37	6:38
3.	Edward Smith	Mountain Lakes,NJ	61	M	3	U	102	20:52	6:43
4.	Joe Abernathy	Bloomfield,NY	60	M	4	U	286	20:58	6:45
5.	Pat Cosgrove	Elizabeth,NJ	62	M	5	U	258	21:06	6:47
6.	Sid Howard	Plainfield,NJ	64	M	8		389	21:38	6:58
7.	Leo Gormley	Shenorock,NY	61	M	10	U	308	21:54	7:03
8.	Tom Maile	Cortlandt Manor,NY	61	M	11	M U	309	21:56	7:04
9.	Armando Oliveira	Edison,NJ	62	M	13	U	256	22:34	7:16
10.	J. Renzella	Neptune City,NJ	62	M	14	U	162	22:42	7:18
11.	Maury Dean	Patchogue,NY	60	M	17	U	296	22:54	7:22
12.	George Mc Intyre	Verona,NJ	61	M	19	U	326	23:08	7:27
13.	Butch Pivano	Eatontown,NJ	63	M	22	U	169	23:27	7:33
14.	Thomas Kelly	Verona,NJ	62	M	24	U	329	23:45	7:39
15.	Jack Brennan	Katonah,NY	62	M	26	U	307	23:54	7:42
16.	Paul Krentar	Piscataway,NJ	61	M	29	U	259	24:17	7:49
17.	Charlie Watts	Holbrook,NY	64	M	30	L U	298	24:33	7:54
18.	Rob Moir	Fair Haven,NJ	64	M	31	U	166	24:36	7:55
19.	Joseph Cozzi	West Caldwell,NJ	61	M	33	U	327	25:00	8:03
20.	Blaine Lawson	Stony Brook,NY	61	M	34	U	297	25:06	8:05
21.	Rick Detrolgio	Piscataway,NJ	61	M	35	U	257	25:08	8:05
22.	John Saarmann	Stanhope,NJ	60	M	36	U	168	25:47	8:18
23.	Bill Michalski	Middletown,NJ	61	M	41	U	158	27:19	8:48
24.	Alex Dobrowolski	Highland Park,NJ	63	M	45	U	260	28:18	9:07

MEN 65-69

1.	Thom Weddle	Burnsville,MN	65	M	6	U	110	21:28	6:55
2.	John Leonard	Cliffwook Beach,NJ	66	M	7	U	163	21:34	6:56
3.	Joe Cordero	Islip Terrace,NY	65	M	9	U	119	21:46	7:00
4.	John Dugdale	Ridgefield,CT	69	M	12	U	353	22:12	7:09
5.	Denis Daly	Harrison,NY	65	M	15	U	359	22:43	7:19
6.	Gene Chase	Middletown,NJ	67	M	16	U	165	22:47	7:20
7.	Bruce Gilbert	Radnor,PA	68	M	18	U	205	23:00	7:24
8.	Jose Mendez	Brentwood,NY	65	M	20	U	295	23:10	7:27
9.	Richard Hill	Middletown,NJ	67	M	21	U	167	23:23	7:32
10.	Jim Fillis	Eastchester,NY	66	M	25		400	23:46	7:39
11.	Jerry Le Vasseus	Madison,CT	66	M	27	U	124	24:06	7:45
12.	Joseph Cudia	Lakewood,NJ	65	M	37	U	161	26:06	8:24
13.	William Richardson	Mantoloking,NJ	69	M	38	U	164	26:10	8:25
14.	Mike Mcdonnell	Middletown,NJ	68	M	40	U	159	26:51	8:39
15.	Michael Frankfurt	New York,NY	68	M	50	L U	344	30:21	9:46

MEN 70-74

1.	George Studzinski	Kinnelon,NJ	71	M	23		328	23:29	7:33
2.	Bill Butler	West Chester,PA	71	M	28	U	109	24:13	7:48
3.	Othmar Freyler	Henrietta,NY	70	M	32	U	285	24:44	7:58
4.	Ken Jones	Larchmont,NY	73	M	43	U	229	27:48	8:57
5.	Joe La Bruno	Bayonne,NJ	72	M	44	U	195	28:07	9:03
6.	Roger Whalley	Amherst,NY	74	M	47	U	206	29:32	9:30
7.	Bill Welsh	Staten Island,NY	74	M	52	U	193	34:13	11:01
8.	Ted Sullivan	Williamsville,NY	71	M	54	U	208	34:53	11:14

MEN 75-79

1.	William Fortune	Pearl River,NY	75	M	39	U	228	26:17	8:28
2.	Richard Sullivan	Buffalo,NY	75	M	42	U	207	27:23	8:49
3.	Angel Aponte	Jersey City,NJ	76	M	46	U	382	28:50	9:17
4.	Lester Ridings	Cedar Grove,NJ	79	M	48	U	107	29:38	9:32
5.	Jack O'sullivan	West Seneca,NY	75	M	53	U	209	34:19	11:03
6.	Bill O'brien	Avenel,NJ	77	M	56	U	194	47:52	15:24

MEN 80-84

1.Sab Koide	Dobbs Ferry,NY	80 M	49	U	226	29:39	9:33
2.John Mcmanns	Woodside,NY	80 M	51	U	227	30:41	9:53
3.Clarence Lurch	Wall,NJ	82 M	55	U	157	44:22	14:17

WOMEN 40-44

1.Catherine Stone-bork	Ringwood,NJ	41 F	1	U	101	19:14	6:11
2.Alicia Kelly	Spring Lake Hei,NJ	42 F	3	U	108	19:27	6:16
3.Janice Reilly	Cary,NC	42 F	4	S U	261	19:55	6:25
4.Barbara Brennan	Little Egg Harb,NJ	40 F	6	U	141	20:33	6:37
5.Joy Jaworowski	Jersey City,NJ	42 F	8	U	138	20:45	6:41
6.Lisa Wilhelm	Little Egg Harb,NJ	40 F	9		379	20:53	6:43
7.Gail Geiger	Caledonia,NY	40 F	10	U	287	21:02	6:46
8.Tamlyn Oliver	Pleasantville,NY	40 F	12	U	306	21:07	6:48
9.Leatha Damron	Syracuse,NY	40 F	14	S U	342	21:49	7:01
10.Laurie Clark	Ocean,NJ	42 F	15	U	132	21:57	7:04
11.Patty Flanigan	Rochester,NY	44 F	16	U	288	21:58	7:04
12.Jane Lundy	Katonah,NY	43 F	20	U	303	22:19	7:11
13.Ann O'dowd	Colts Neck,NJ	41 F	21	U	139	22:24	7:13
14.Lisa Digiacinto	Succasunna,NJ	42 F	22		392	22:26	7:13
15.Kim Daley	Brielle,NJ	43 F	26	U	135	22:42	7:18
16.Jane Erbe	Spring Lake Hei,NJ	43 F	27	U	133	22:50	7:21
17.Barbara Ende	Cortlandt Manor,NY	44 F	28	U	305	22:56	7:23
18.Sally Simeone	Fairview,NJ	42 F	30	U	300	23:03	7:25
19.Pam Fales	Boonton,NJ	43 F	31	U	128	23:15	7:29
20.Noreen Verdoliva	Mexico,NY	42 F	34	U	340	24:39	7:56
21.Susan Ardito	Ocean,NJ	42 F	38	U	140	25:01	8:03
22.Ginny Werner	Helmetta,NJ	44 F	43	U	211	25:43	8:17
23.Susan Janssens	,	43 F	59	U	129	30:33	9:50

WOMEN 45-49

1.Janice Morra	Boonton,NJ	45 F	5	U	299	20:22	6:33
2.Patti Ford	Lafayette,NY	48 F	7	S U	341	20:36	6:38
3.Beth Moras	Ridgewood,NJ	45 F	11	U	301	21:04	6:47
4.Lynn Vocelfa	Lagrange Park,IL	45 F	13	U	111	21:23	6:53
5.Christine Murphy	Point Pleasant,NJ	46 F	17	U	136	22:05	7:06
6.Carol Dodge	Fulton,NY	47 F	24	U	339	22:28	7:14
7.Theresa Marciani	Brick,NJ	46 F	25	U	134	22:29	7:14
8.Mary Conry	Colts Neck,NJ	48 F	29	U	137	22:59	7:24
9.Marie Kearns	Bronx,NY	45 F	32	U	302	24:01	7:44
10.Cindy Gadek	Perth Amboy,NJ	45 F	36	M U	210	24:52	8:00
11.Glenda Calabro	Brick,NJ	45 F	37	U	131	24:54	8:01
12.Karen Lein	Newton Highland,MA	45 F	39	M U	361	25:17	8:08
13.Mary Foley	New Egypt,NJ	47 F	41	U	212	25:37	8:15
14.Rene Rovtar	Basking Ridge,NJ	45 F	45	U	113	25:49	8:19
15.Lucia Chapman	Bedford,NY	45 F	46	U	304	25:55	8:20
16.Janice Reid	East Brunswick,NJ	46 F	54	U	213	28:05	9:02
17.Gail Stotsky	Indianapolis,IN	49 F	60	U	122	32:00	10:18

WOMEN 50-54

1.Katherin Martin	Northport,NY	52 F	2	U	120	19:22	6:14
2.Carolyn Smith Hanna	Pittsford,NY	53 F	19	U	290	22:14	7:09
3.Erika Campbell	Ridgewood,NJ	54 F	23	U	196	22:27	7:14
4.Gail Kislevitz	Ridgewood,NJ	52 F	33	U	199	24:31	7:53
5.Beth Scott	Scottsville,NY	51 F	35	U	291	24:44	7:58
6.Jeanne Herrick	Rochester,NY	52 F	40	U	292	25:29	8:12

WOMEN 55-59

1.Barbara Spannaus	Shorewood,MN	55 F	42	U	103	25:40	8:16
2.Eileen Holzmann	Airmont,NY	59 F	48	U	197	26:31	8:32
3.Ellie Gavin	Kings Park,NY	55 F	49		386	26:36	8:34
4.Bunny Mc Donnell	Middletown,NJ	57 F	50		390	26:47	8:37
5.Alice Kelly	Webster,NY	55 F	51	U	289	26:54	8:39
6.Mary Trotto	Smithtown,NY	56 F	55		384	28:20	9:07

WOMEN 60-64

1.Marie Lou Michelsohn ,		62 F	18		383	22:09	7:08
2.Carolyn Kriesen	Webster,NY	60 F	47	U	293	25:58	8:21
3.Patricia O'hanlon	Jersey City,NJ	60 F	52	U	214	27:50	8:57
4.Carolyn Heuser	Freehold,NJ	62 F	53	U	142	28:04	9:02
5.Helma Clavin	Ronkonkoma,NY	60 F	56		385	28:54	9:18
6.Marilyn Ryder	Long Branch,NJ	62 F	58	U	144	29:10	9:23
7.Cindy Peterson	Bedminster,NJ	63 F	61	U	215	32:47	10:33
8.Doris Hafemann	Clifton,NJ	64 F	62	U	105	33:23	10:45

WOMEN 65-69

1.Imme Dyson	Princeton,NJ	66 F	44	U	243	25:46	8:18
2.Joan Bondell	New York,NY	65 F	57	U	183	29:01	9:20
3.Patricia Hill	Middletown,NJ	65 F	63	U	376	37:16	12:00

Team Results

(*=Scoring Member)

MEN 40+

PLACE (#)	TEAM	TOTAL					
1	RUNNING COMPANY "A" -- NJ	1:25:05					
4.	Ken Rolek Easton,PA	41 M 10	U	310	16:54	*	
5.	Jeremy Stratton Parlin,NJ	43 M 10	U	311	16:58	*	
6.	Mike Kohlbrenner Valley Cottage,NY	45 M 10		315	17:01	*	
7.	Drew Davis Stroudsburg,PA	41 M 10	U	313	17:05	*	
8.	Steve Trembly West Orange,NJ	42 M 10	U	314	17:07	*	
23.	Marty Doherty West Milford,NJ	40 M 10	U	312	17:36		
36.	Rick Pingitore Westfieldark,NJ	45 M 10	U	316	17:59		
48.	David Huse Princeton,NJ	45 M 10	U	317	18:31		
2	GENESEE VALLEY HARRIERS -- NY	1:27:43					
11.	Tony Vodacek Rochester,NY	45 M 8		275	17:12	*	
20.	Dave Bischoff Fairport,NY	41 M 8	U	276	17:29	*	
22.	John Vankerkhove Rochester,NY	41 M 8		274	17:30	*	
25.	Bob Nugent Binghamton,NY	43 M 8		273	17:42	*	
33.	Leo Finucane Pittsford,NY	46 M 8		277	17:50	*	
3	PHILADELPHIS AC "A" -- PA	1:27:53					
15.	Tom Deschraver ,	44 M 13	U	368	17:20	*	
17.	Michael Scythes ,	45 M 13	U	366	17:25	*	
21.	Mark Wenneker ,	45 M 13	U	365	17:29	*	
29.	Keith Davies Wilmington,DE	44 M 13		363	17:47	*	
34.	Chuck Shields Abington,PA	44 M 13	U	364	17:52	*	
39.	Jim Cuono Port Carbon,PA	44 M 13		369	18:02		
47.	Paul Hines Philadelphia,PA	49 M 13		370	18:26		
51.	Bob Reynolds ,	46 M 13	U	367	18:46		
4	WESTCHESTER TC	1:28:12					
3.	Conor O'driscoll Rye,NY	42 M 15	U	345	16:42	*	
12.	James Kempton Nanuet,NY	45 M 15		225	17:14	*	

	18.	Patrick Mc Carthy	Pelham,NY	40	M	15		380	17:26	*
	40.	Mike Mahoney	Westport,CT	44	M	15		350	18:14	*
	50.	Jim Mc Veigh	Rockaway Park,NY	45	M	15		406	18:36	*
	76.	Brian Roche	Freehold,NJ	41	M	15		263	19:55	
5		RARITAN VALLEY RR "A" -- NJ						1:28:35		
	9.	Jeff Knoll	Pennington,NJ	41	M	4		343	17:07	*
	10.	Mark Zamek	Hillsborough,NJ	40	M	4	U	204	17:11	*
	27.	John Papp	Edison,NJ	43	M	4	L	267	17:45	*
	41.	Francisco Morales	Bound Brook,NJ	42	M	4	U	202	18:14	*
	43.	Marc Giguere	Schnecksville,PA	45	M	4	U	203	18:18	*
	59.	Paul Fiorilla	Watchung,NJ	42	M	4	U	224	18:54	
	60.	John Kane	Bridgewater,NJ	45	M	4	U	201	19:01	
	68.	Gene Gugliotta	No Plainfield,NJ	44	M	4	U	200	19:22	
6		ADIRONDACK AC -- NY						1:28:40		
	1.	Tom Dalton	Schenectady,NY	45	M	6		230	15:57	*
	26.	John Noonan	Troy,NY	43	M	6		231	17:43	*
	30.	Derick Staley	,	45	M	6	U	232	17:47	*
	37.	Chris Buckley	Burnt Hills,NY	42	M	6		234	18:00	*
	63.	Chris Murphy	,	46	M	6		235	19:13	*
7		ATHLETE'S FOOT/HI-TECK RACING (CT)						1:29:45		
	13.	George Buchanan	Stamford,CT	45	M	1		114	17:17	*
	16.	Mike Wixsted	Guilford,CT	40	M	1	U	116	17:20	*
	38.	David Pantin	New Haven,CT	40	M	1	U	115	18:01	*
	42.	Dale Richardson	Trumbull,CT	43	M	1		118	18:15	*
	56.	Richard Korby	Hamden,CT	43	M	1		399	18:52	*
8		TACONIC RRC -- NY						1:31:45		
	2.	Scott Brown	Pelham,NY	41	M	12		335	16:36	*
	19.	Steven Calidonna	Cortlandt Manor,NY	48	M	12	U	334	17:27	*
	32.	Doug Miller	Verplank,NY	43	M	12	U	338	17:50	*
	65.	Martin Fitzgerald	Cortlandt Manor,NY	40	M	12	U	337	19:19	*
	79.	Ted Pernicano	Yorktown Height,NY	45	M	12		336	20:33	*
9		SHORE AC "A" -- NJ						1:32:16		
	14.	Chris Harkins	Marlton,NJ	45	M	2	U	180	17:18	*
	44.	Chris Peters	Barneгат,NJ	48	M	2		182	18:22	*
	49.	Richard Caponigro	Neptune,NJ	40	M	2	U	179	18:32	*
	55.	Brian O'dowd	Colts Neck,NJ	43	M	2		170	18:49	*
	64.	Bob Andrews	Manalapan,NJ	45	M	2	U	174	19:15	*
	66.	Tom Zarra	Point Pleasant,NJ	46	M	2	U	172	19:20	
	70.	Bob Haithcock	Middletown,NJ	48	M	2	U	171	19:34	
10		SHORE AC "B" -- NJ						1:41:41		
	57.	Paul Looney	Neptune,NJ	40	M	3	U	177	18:52	*
	72.	Rich Agnello0	Matawan,NJ	43	M	3	U	178	19:42	*
	75.	David Zurheide	Middletown,NJ	47	M	3		176	19:51	*
	81.	Barry Blake	Summit,NJ	49	M	3		362	20:55	*
	83.	Kevin Mckenna	Manalapan,NJ	41	M	3	U	173	22:21	*

Men 50+

PLACE (#)	TEAM			TOTAL						
1	ADIRONDACK AC -- NY			1:32:34						
	6.	Dennis Fillmore	Ballston Spa,NY	51	M	36		240	18:26	*
	7.	Dale Keenan	,	53	M	36	U	238	18:26	*
	8.	Ken Briell	Middle Crone,NY	53	M	36		242	18:30	*
	10.	Rob Picotte	,	50	M	36	U	236	18:34	*
	12.	Phil Jessen	Middle Cruz,NY	55	M	36		241	18:38	*
	17.	Pat Glover	Clifton Park,NY	57	M	36		237	19:00	

21.	Pete Gerardi	Scotia, NY	52 M 36		239	19:07	
2	GENESEE VALLEY HARRIERS -- NY		1:33:46				
	2.	Tim McMullen	Churchville, NY	50 M 40		281	17:37 *
	4.	Jim Robinson	Rochester, NY	50 M 40		278	18:04 *
	9.	Joe Chimino	Bergen, NY	50 M 40	U	280	18:31 *
	31.	Bill McMullen	Batavia, NY	50 M 40	U	282	19:39 *
	39.	Jim May	Williamson, NY	57 M 40		283	19:55 *
	46.	Dave Blake	Stafford, NY	54 M 40	U	284	20:23
	53.	Mike Reif	Victor, NY	55 M 40		279	20:46
3	SUPER RUNNERS CLUB		1:34:49				
	1.	Chris Webber	Sayville, NY	51 M 42		396	17:21 *
	14.	Dennis O Brien	Saint James, NY	54 M 42		397	18:51 *
	24.	Alan Oman	Babylon, NY	54 M 42		393	19:11 *
	27.	John Walsh	Shirley, NY	53 M 42		395	19:25 *
	40.	Julio Aguirre	Corona, NY	57 M 42		402	20:01 *
	62.	Lutz Hoffman	Northport, NY	57 M 42		398	21:30
	69.	Steve Conroy	Manhasset, NY	58 M 42		394	22:22
4	TACONIC ROAD RUNNERS -- NY		1:35:21				
	13.	Joseph Porcaro	Putnam Valley, NY	54 M 33	U	184	18:47 *
	16.	Scott Abercrombie	Yorktown, NY	53 M 33	U	188	18:54 *
	18.	Scott Mosenthal	Briarcliff, NY	50 M 33	U	190	19:01 *
	25.	Bob Hermes	Croton On Hudso, NY	53 M 33		191	19:13 *
	28.	Robert Briglio	Huntington, NY	54 M 33	U	185	19:26 *
	41.	Paul Warren	Chappaqua, NY	53 M 33	U	187	20:03
	49.	Gary Steinel	White Plains, NY	50 M 33	U	189	20:34
	50.	Anthony Galfanao	Garrison, NY	56 M 33	U	186	20:40
5	PHILADELPHIA MASTERS T&F -- PA		1:36:18				
	15.	Terry Delph	Coopersburg, PA	58 M 37		221	18:53 *
	19.	Steven Rook	Philadelphia, PA	54 M 37	L	219	19:04 *
	23.	Dick Green	Media, PA	56 M 37	U	220	19:10 *
	26.	Seth Bergmann	Glassboro, NJ	54 M 37	U	222	19:25 *
	33.	David Patterson	Conshohocken, PA	52 M 37	U	218	19:46 *
	51.	Mike Clarke	Doylestown, PA	56 M 37		217	20:41
6	RARITAN VALLEY RR "A" -- NJ		1:37:29				
	3.	Roger Price	Piscataway, NJ	54 M 38	U	244	17:46 *
	30.	Rich Myers	Voorheers, NJ	58 M 38	U	247	19:31 *
	32.	Doug Brown	East Brunswick, NJ	58 M 38	U	246	19:44 *
	42.	Hugh Sweeny	Jersey City, NJ	59 M 38	U	245	20:07 *
	44.	Chris Lehman	Somerset, NJ	53 M 38	U	249	20:21 *
	45.	Henry John-alder	Roosevelt, NJ	50 M 38	U	250	20:23
	54.	Charles Schneckloth	Metuchen, NJ	53 M 38		248	20:48
7	SHORE AC "A" -- NJ		1:39:25				
	11.	Harry Nolan	Navesink, NJ	56 M 34	U	146	18:35 *
	22.	Gary Pierce	Wayside, NJ	51 M 34		155	19:10 *
	37.	Tony Plaster	Neptune, NJ	51 M 34	U	148	19:52 *
	52.	Robert Bazley	West Long Branc, NJ	52 M 34		151	20:45 *
	56.	Richard Henderson	Philadelphia, PA	51 M 34		149	21:03 *
	65.	Kerry Gillespie	Middletown, NJ	51 M 34		154	22:01
8	SHORE AC "B" -- NJ		1:51:04				
	47.	Ken Lohmeyer	Freehold, NJ	52 M 35	U	268	20:25 *
	67.	Walter Rutsky Jr.	Cliffwood Beach, NJ	54 M 35	U	147	22:15 *
	68.	John Kuhl	Oakhurst, NJ	59 M 35	U	150	22:21 *
	70.	Lawrence Jones	Keyport, NJ	54 M 35	U	152	22:39 *
	73.	David Hudson	Lakewood, NJ	53 M 35		145	23:24 *
	74.	Pete Coleman	Hazlet, NJ	57 M 35	U	153	23:41

MEN 60+

PLACE (#)	TEAM		TOTAL					
1	WOLFPIT RC -- CT		1:05:55					
	1.Bill Borla	Torrington,CT	63 M 54	U	123	19:37	*	
	12.John Dugdale	Ridgefield,CT	69 M 54	U	353	22:12	*	
	27.Jerry Le Vasseus	Madison,CT	66 M 54	U	124	24:06	*	
2	SHORE AC "A" -- NJ		1:07:03					
	7.John Leonard	Cliffwook Beach,NJ	66 M 51	U	163	21:34	*	
	14.J. Renzella	Neptune City,NJ	62 M 51	U	162	22:42	*	
	16.Gene Chase	Middletown,NJ	67 M 51	U	165	22:47	*	
	21.Richard Hill	Middletown,NJ	67 M 51	U	167	23:23		
	22.Butch Pivano	Eatontown,NJ	63 M 51	U	169	23:27		
3	TACONIC ROAD RUNNERS -- NY		1:07:44					
	10.Leo Gormley	Shenorock,NY	61 M 57	U	308	21:54	*	
	11.Tom Maile	Cortlandt Manor,NY	61 M 57	M U	309	21:56	*	
	26.Jack Brennan	Katonah,NY	62 M 57	U	307	23:54	*	
4	BOHEMIA TC -- NY		1:07:50					
	9.Joe Cordero	Islip Terrace,NY	65 M 55	U	119	21:46	*	
	17.Maury Dean	Patchogue,NY	60 M 55	U	296	22:54	*	
	20.Jose Mendez	Brentwood,NY	65 M 55	U	295	23:10	*	
	30.Charlie Watts	Holbrook,NY	64 M 55	L U	298	24:33		
	34.Blaine Lawson	Stony Brook,NY	61 M 55	U	297	25:06		
5	RARITAN VALLEY RR -- NJ		1:07:57					
	5.Pat Cosgrove	Elizabeth,NJ	62 M 53	U	258	21:06	*	
	13.Armando Oliveira	Edison,NJ	62 M 53	U	256	22:34	*	
	29.Paul Krentar	Piscataway,NJ	61 M 53	U	259	24:17	*	
	35.Rick Detrollo	Piscataway,NJ	61 M 53	U	257	25:08		
	45.Alex Dobrowolski	Highland Park,NJ	63 M 53	U	260	28:18		
6	ESSEX RUNNING CLUB -- NJ		1:10:22					
	19.George Mc Intyre	Verona,NJ	61 M 56	U	326	23:08	*	
	23.George Studzinski	Kinnelon,NJ	71 M 56		328	23:29	*	
	24.Thomas Kelly	Verona,NJ	62 M 56	U	329	23:45	*	
	33.Joseph Cozzi	West Caldwell,NJ	61 M 56	U	327	25:00		
7	SHORE AC "B" -- NJ		1:16:29					
	31.Rob Moir	Fair Haven,NJ	64 M 52	U	166	24:36	*	
	36.John Saarmann	Stanhope,NJ	60 M 52	U	168	25:47	*	
	37.Joseph Cudia	Lakewood,NJ	65 M 52	U	161	26:06	*	
	38.William Richardson	Mantoloking,NJ	69 M 52	U	164	26:10		
	40.Mike Mcdonnell	Middletown,NJ	68 M 52	U	159	26:51		

MEN 70+

PLACE (#)	TEAM		TOTAL					
1	MILROSE AA - NY		1:23:44					
	39.William Fortune	Pearl River,NY	75 M 78	U	228	26:17	*	
	43.Ken Jones	Larchmont,NY	73 M 78	U	229	27:48	*	
	49.Sab Koide	Dobbs Ferry,NY	80 M 78	U	226	29:39	*	
	51.John Mcmanns	Woodside,NY	80 M 78	U	227	30:41		
2	CENTRAL JERSEY RRC -- NJ		1:31:10					
	44.Joe La Bruno	Bayonne,NJ	72 M 77	U	195	28:07	*	
	46.Angel Aponte	Jersey City,NJ	76 M 77	U	382	28:50	*	
	52.Bill Welsh	Staten Island,NY	74 M 77	U	193	34:13	*	
	56.Bill O'brien	Avenel,NJ	77 M 77	U	194	47:52		
3	BELLE WATLING AC -- NY		1:31:14					
	42.Richard Sullivan	Buffalo,NY	75 M 76	U	207	27:23	*	
	47.Roger Whalley	Amherst,NY	74 M 76	U	206	29:32	*	

53.	Jack O'sullivan	West Seneca,NY	75	M	76	U	209	34:19	*
54.	Ted Sullivan	Williamsville,NY	71	M	76	U	208	34:53	

WOMEN 40+

PLACE (#)	TEAM		TOTAL						
1	SHORE AC "A" -- NJ		1:03:15						
	6.Barbara Brennan	Little Egg Harb,NJ	40	F	102	U	141	20:33	*
	8.Joy Jaworowski	Jersey City,NJ	42	F	102	U	138	20:45	*
	15.Laurie Clark	Ocean,NJ	42	F	102	U	132	21:57	*
	17.Christine Murphy	Point Pleasant,NJ	46	F	102	U	136	22:05	
	21.Ann O'dowd	Colts Neck,NJ	41	F	102	U	139	22:24	
2	RUNNING COMPANY -- NJ		1:03:52						
	5.Janice Morra	Boonton,NJ	45	F	106	U	299	20:22	*
	11.Beth Moras	Ridgewood,NJ	45	F	106	U	301	21:04	*
	22.Lisa Digiacinto	Succasunna,NJ	42	F	106		392	22:26	*
	30.Sally Simeone	Fairview,NJ	42	F	106	U	300	23:03	
3	SYRACUSE CHARGERS -- NY		1:04:53						
	7.Patti Ford	Lafayette,NY	48	F	105	S U	341	20:36	*
	14.Leatha Damron	Syracuse,NY	40	F	105	S U	342	21:49	*
	24.Carol Dodge	Fulton,NY	47	F	105	U	339	22:28	*
	34.Noreen Verdoliva	Mexico,NY	42	F	105	U	340	24:39	
4	TACONIN RRC -- NY		1:06:22						
	12.Tamlyn Oliver	Pleasantville,NY	40	F	107	U	306	21:07	*
	20.Jane Lundy	Katonah,NY	43	F	107	U	303	22:19	*
	28.Barbara Ende	Cortlandt Manor,NY	44	F	107	U	305	22:56	*
	32.Marie Kearns	Bronx,NY	45	F	107	U	302	24:01	
	46.Lucia Chapman	Bedford,NY	45	F	107	U	304	25:55	
5	SHORE AC "B" -- NJ		1:08:01						
	25.Theresa Marciani	Brick,NJ	46	F	103	U	134	22:29	*
	26.Kim Daley	Brielle,NJ	43	F	103	U	135	22:42	*
	27.Jane Erbe	Spring Lake Hei,NJ	43	F	103	U	133	22:50	*
	29.Mary Conry	Colts Neck,NJ	48	F	103	U	137	22:59	
	38.Susan Ardito	Ocean,NJ	42	F	103	U	140	25:01	
6	GENESEE VALLEY		1:08:58						
	10.Gail Geiger	Caledonia,NY	40	F	108	U	287	21:02	*
	16.Patty Flanigan	Rochester,NY	44	F	108	U	288	21:58	*
	47.Carolyn Kriesen	Webster,NY	60	F	108	U	293	25:58	*
7	RARITAN VALLEY RR -- NJ		1:16:12						
	36.Cindy Gadek	Perth Amboy,NJ	45	F	104	M U	210	24:52	*
	41.Mary Foley	New Egypt,NJ	47	F	104	U	212	25:37	*
	43.Ginny Werner	Helmetta,NJ	44	F	104	U	211	25:43	*
	54.Janice Reid	East Brunswick,NJ	46	F	104	U	213	28:05	
8	MORRIS COUNTY STRIDERS -- NJ		1:19:37						
	31.Pam Fales	Boonton,NJ	43	F	101	U	128	23:15	*
	45.Rene Rovtar	Basking Ridge,NJ	45	F	101	U	113	25:49	*
	59.Susan Janssens	,	43	F	101	U	129	30:33	*
	62.Doris Hafemann	Clifton,NJ	64	F	101	U	105	33:23	

WOMEN 50+

PLACE (#)	TEAM		TOTAL						
1	GENESEE VALLEY HARIERS -- NY		1:12:27						
	19.Carolyn Smith Hanna	Pittsford,NY	53	F	134	U	290	22:14	*
	35.Beth Scott	Scottsville,NY	51	F	134	U	291	24:44	*
	40.Jeanne Herrick	Rochester,NY	52	F	134	U	292	25:29	*
	51.Alice Kelly	Webster,NY	55	F	134	U	289	26:54	

2	NORTH JERSEY MASTERS -- NJ		1:13:29					
	23.Erika Campbell	Ridgewood,NJ	54 F 133	U	196	22:27	*	
	33.Gail Kislevitz	Ridgewood,NJ	52 F 133	U	199	24:31	*	
	48.Eileen Holzmann	Airmont,NY	59 F 133	U	197	26:31	*	

3	BOHEMIA T.C.		1:17:05					
	18.Marie Lou Michelsohn ,		62 F 135		383	22:09	*	
	49.Ellie Gavin	Kings Park,NY	55 F 135		386	26:36	*	
	55.Mary Trotto	Smithtown,NY	56 F 135		384	28:20	*	
	56.Helma Clavin	Ronkonkoma,NY	60 F 135		385	28:54		

WOMEN 60+

PLACE (#)	TEAM		TOTAL					
1	RARITAN VALLEY -- NJ		1:26:23					
	44.Imme Dyson	Princeton,NJ	66 F 152	U	243	25:46	*	
	52.Patricia O'hanlon	Jersey City,NJ	60 F 152	U	214	27:50	*	
	61.Cindy Peterson	Bedminster,NJ	63 F 152	U	215	32:47	*	
2	SHORE AC -- NJ		1:34:30					
	53.Carolyn Heuser	Freehold,NJ	62 F 151	U	142	28:04	*	
	58.Marilyn Ryder	Long Branch,NJ	62 F 151	U	144	29:10	*	
	63.Patricia Hill	Middletown,NJ	65 F 151	U	376	37:16	*	

**2003 USA Masters
5K Cross Country Championships
Holmdel Park, Holmdel, NJ
11/23/2003**

Top 10 Women Finishers by Age Grading

<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	<u>Age Grade</u>
1.Kathryn Martin	52 F	19:22	2	86.8%
2.Marie Lou Michelsohn	62 F	22:09	18	84.3%
3.Catherine Stone-bork	41 F	19:14	1	79.2%
4.Alicia Kelly	42 F	19:27	3	79.0%
5.Patti Ford	48 F	20:36	7	78.6%
6.Janice Morra	45 F	20:22	5	77.4%
7.Janice Reilly	42 F	19:55	4	77.2%
8.Erika Campbell	54 F	22:27	23	76.3%
9.Carolyn Smith-Hanna	53 F	22:14	19	76.3%
10.Imme Dyson	66 F	25:46	44	76.0%

Top 10 Men Finishers by Age Grading

<u>Name</u>	<u>Age</u>	<u>Time</u>	<u>Place</u>	<u>Age Grade</u>
1.Tom Dalton	45 M	15:57	1	40+ 87.7%
2.Roger Price	54 M	17:46	3	50+ 84.5%
3.Chris Webber	51 M	17:21	1	50+ 84.4%
4.Bill Borla	63 M	19:37	1	60+ 83.2%
5.Tim McMullen	50 M	17:37	2	50+ 82.5%
6.Terry Delph	58 M	18:53	15	50+ 82.4%
7.Mike Kohlbrenner	45 M	17:01	6	40+ 82.2%
Harry Nolan	56 M	18:35	11	50+ 82.2%
9.Steven Calidonna	48 M	17:27	19	40+ 82.0%
10.Conor O'Driscoll	42 M	16:42	3	40+ 81.9%
Scott Brown	41 M	16:36	2	40+ 81.9%

Note: There were 3 separate Men's races: 40+, 50+ and 60+.